



Nikkei Manor Weekly Menu 5/12/08 - 5/18/08



Beverages served at meal include milk, tea, coffee, orange / apple / cranberry juice

Healthy continental breakfast is served daily from 7:00a.m. to 9:00a.m. Includes cereals, toast, fruit, pastries, yogurt, milk & cheese.

WEEK 2

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	5/12	5/13	5/14	5/15	5/16	5/17	5/18
B R E A K F A S T	Roasted Fuji Apples Cream of Wheat, Milk Bacon & Cheddar Quiche Toast, Butter, Jelly <i>Continental Breakfast 7:00 - 9:00</i>	Yogurt Corn Flakes, Milk Poached Eggs Corned Beef Hash Toast, Butter, Jelly <i>Continental Breakfast 7:00 - 9:00</i>	Miso Soup Scrambled Eggs Rice Grilled Portugese Sausage <i>Continental Breakfast 7:00 - 9:00</i>	Cantaloupe Chunks Oatmeal, Milk Western Scramble (Eggs, peppers, onions, ham) Biscuit, Butter, Jelly <i>Continental Breakfast 7:00 - 9:00</i>	Fruit Salad Cheerios, Milk Pancakes Butter, Syrup Bacon <i>Continental Breakfast 7:00 - 9:00</i>	Banana Cream of Wheat-Milk Hard Boiled Egg Croissant, Jelly, Butter <i>Continental Breakfast 7:00 - 9:00</i>	Orange Sections Rice Crispies, Milk Scrambled Eggs Sausage Patty Toast, Butter, Jelly <i>Continental Breakfast 7:00 - 9:00</i>
L U N C H	Spinach Ohitashi Osuimono- Carrots & Daikon Chirashi-Zushi (Mixed Vegetables over Rice) Egg, Shiitake, Snow Peas, Carrots Denbu (Shredded Cod) OR Chicken Salad Sandwich Fresh Fruit & Chips Orange Sections	Cucumber Salad Miso Soup- Potato & Chives Rainbow Trout Shioyaki (Salted, Grilled Trout) Rice Grated Daikon & Ponzu OR BBQ Chicken Drumsticks Baked Beans, Cornbread Home Baked Cookie	Seaweed Salad Osuimono- Shiitake & Tofu Takikomi Gohan (Chicken Rice Pilaf) Chawan Mushi (Steamed Egg Custard) OR B.L.T. Sandwich Toasted Bread, Potato Salad, Pickle Grapes	Tossed Salad (Wasabi Dressing) Miso Soup- Daikon & Wakame Chicken Katsu Shredded Cabbage Rice Tsukemono: Takuwan (Daikon) OR 1/2 Ham Sandwich Lettuce, Tomato, Pickle Sweet Potato Tart Ice Cream & Cocoa!	Cucumber & Wakame Sunomono Miso Soup- Onion & Abura Age Salmon Teriyaki Green Beans Goma-Ae Rice Shibazuke (Pickled Red Eggplant) OR Tuna Stuffed Tomato Crackers, Fruit Garnish Daifuku (Bean-filled Mochi)	Marinated Baby Corn Egg Drop Soup Beef & Green Bean Stir-Fry Rice OR Crab Salad Sandwich Sourdough Bread, Chips Lychees	Sesame Snow Peas Osuimono- Tofu & Green Onions Simmered Beef & Lotus Root Ginger, Onions, Peas Rice OR Asian Salad, Crispy Chicken Chow Mein Noodles, Fortune Cookie Fudge Brownie Ice Cream & Cocoa!
D I N N E R	Tossed Salad (Wafuu Dressing) Pork Curry & Rice Potatoes, Carrots, Onions Tsukemono: Rakkyo (Scallions) Fukujinzuke OR Breaded Fish Tartar Sauce & Lemon Stewed Tomatoes Rice Home Baked Cookie	Tossed Salad (Sesame Dressing) Miso Soup- Tofu & Okra Cod with Black Bean Sauce Snow Peas, Rice OR Swedish Meatballs Sour Cream Gravy Egg Noodles Grapes	Caesar Salad Miso Soup- Fu & Mitsuba Tilapia Tempura Steamed Broccoli, Rice Cucumber Tsukemono (<i>Kyuri</i>) OR Chicken Parmesan Marinara Sauce, Garlic Bread Steamed Broccoli Cream Puff	Coleslaw Shrimp Soba Dashi Stock, Spinach, Egg, Gr. Onion OR Country Fried Steak & Gravy Garlic Mashed Potatoes Corn and Peppers Seasonal Fruit	Nappa Cabbage Ohitashi Chicken Nimono Chicken, Gobo, Carrots, Shiitake Rice OR Roast Pork & Gravy Chestnut Stuffing Green Beans Rice Baked Apple	Spinach Ohitashi Miso Soup- Turnip & Abura Age Cod Shioyaki (Salted & Grilled) Rice, Grated Daikon OR BBQ Pork Ribs Coleslaw Baked Potato Tapioca Pudding with Raisins	Tossed Salad- Poppy Dressing Miso Soup- Potato & Green Onion Beef & Onion Saute Green Peppers, Rice Grated Daikon & Ponzu OR Crab Cake Sesame Aioli, Rice Steamed Mixed Vegetables Melon Chunks

The menu is subject to change without notice.